

## Ephesians #13

**Text:** Ephesians 6:10-24

**Purpose:** As we come to know who we are in Christ and as we go about living it out, let us not let the Evil One lie, discourage and distract us; but stand firm in the spiritual weapons God gave us.

**Opening Question:** *What's the most helpful tool you have at your house?*

**Read and Discuss: Ephesians 6:10-12**

1. *What kinds of things do you find yourself wrestling with day to day?*
2. *Read Ephesians 2:1-3 How can your flesh be an enemy against you? How can this world be an enemy against you?*
3. *vs. 10-11 Describe some of the "schemes" or strategies Satan uses to get us to fall?*

**Read and Discuss: Ephesians 6:14-20**

4. *Which part of the armor of God is most important to you?*
5. *What does it mean for us that we are to "put on" and "take up" the armor of God? How do you know when you are not putting on or taking up the armor of God given to us?*
6. *What does Paul mean when he says we should "pray at all times in the Spirit"? What could distract you from staying focused on God?*
7. *How does speaking the truth about God to God and ourselves help us stand firm?*