

## Everything's Fine: Discontent

**Text:** Psalm 62:1-12

**Purpose:** To continually surrender our lives to God who is the one who can completely bring us satisfaction and peace.

**Opening Question:** *When are you most content?*

**Read and Discuss:** Psalm 62:1-12

1. *vs. 1 How does David find rest during what are difficult and challenging circumstances?*
2. *How does discontentment creep into your life? When do you find yourself discontent?*
3. *David frequently mentions "trust in God." Why is that so important for contentment?*
4. *How does expressing gratitude help you to overcome discontentment?*
5. *What steps can you take to incorporate gratitude into your daily routine?*
6. *vs. 2-12 What are some of the truths about God that give David and us stability and peace?*
7. *How does Jesus' return lead us into contentment on this earth?*