## Jesus Unexpected--What's in your Heart

**Text:** Matthew 15:1-20

**Purpose**: Our outward actions are directed by what's in our heart. Jesus teaches us how to examine our hearts and pick up on three types of hearts that we can experience.

**Opening Question:** What are your top manners/etiquette?

Read and Discuss: Matthew 15:1-20

- 1. Why was it so important for the Pharisees to wash their hands before eating? Why does Jesus not care about the disciples following the tradition of the elders?
- 2. What can be some traditions today that people follow thinking it
- 3. Why is it important to examine our hearts? What are some fears we have about examining our hearts? What keeps us from examining?
- 4. Which type of heart would best describes you?
  - a. Proud Heart-hard, rebellious heart that is self focused
  - b. Wounded Heart-rejected heart, wounded from gossip, insults and words
  - c. Divided Heart--restless, striving, unsatisfied heart
- 5. How does Jesus deal with our hearts? How does His death and resurrection prove that He will free our heart?