

## Margin-People

**Text:** Matthew 14:22-32

**Purpose:** *Jesus often said no to people because He knew there was something greater for them. We can learn that same discernment, so we can show people kindness and create healthy margin in our life.*

**Opening Question:** *What's one thing you do that feeds your soul?*

**Read and Discuss:** Matthew 14:22-32

- 1. What do you think Jesus was feeling emotionally at this time? What do you think His prayer was in verse 24?*
- 2. Why does Jesus send the disciples out to sea when there is a storm coming?*
- 3. How can setting limits or saying no to people actually show kindness to them?*
- 4. When do you say no to people in hopes that they will know God in a greater way?*
- 5. When do you say no to people so that you can know God in a greater way?*
- 6. This week what are some boundaries you will need to put into place in order to have healthy margins?*