

## Braving the Wilderness: A Place of Spiritual Discipline

**Text:** Deuteronomy 8:2-9

**Purpose:** A sermon series to help understand how to survive and thrive in a wilderness and isolated season of life.

**Opening Question:** *If you were dropped on an isolated island, what's one survival tool you would bring?*

**Read and Discuss:** Deuteronomy 8:2-9

1. *What do you think it means that God "humbled" His people in verse 2? Was God's humbling a punishment?*
2. *What does "humbling" look like for you today in this season? How is God shaping you in this season?*
3. *What does God ask of His people in verses 6-9? How could that relate to you today?*
4. *Is there a time you were tested by God? What was the outcome?*
5. *How can you trust God will do something good in you, in difficult times?*