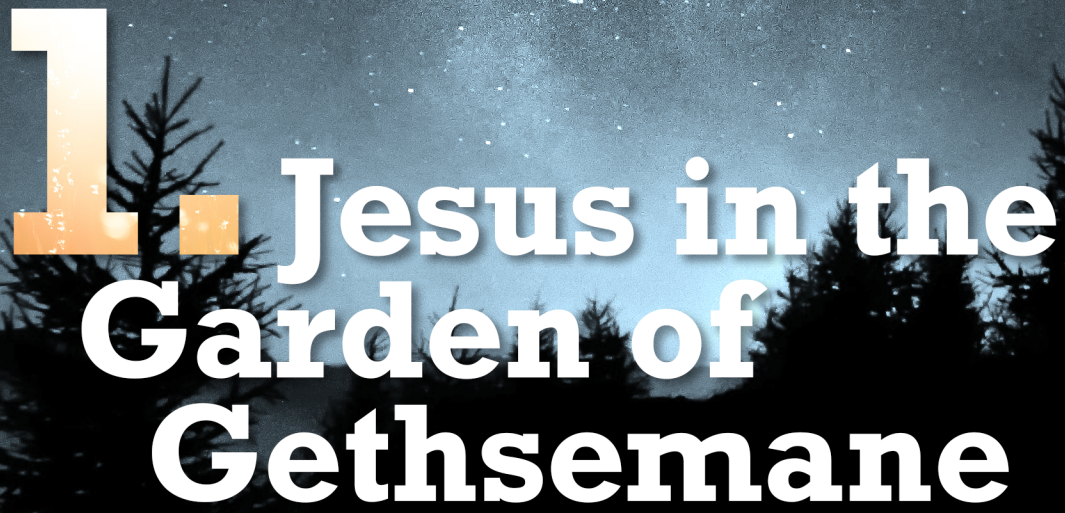




Good
Friday
prayer
stations



1. Jesus in the Garden of Gethsemane

And they went to a place called Gethsemane. And he said to his disciples, "Sit here while I pray." And he took with him Peter and James and John, and began to be greatly distressed and troubled. And he said to them, "My soul is very sorrowful, even to death. Remain here and watch." And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. And he said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will." Mark 14:32-36

A. As we revisit Jesus' path to the cross, pray that we would keep watch with Jesus over our hearts. Pray that we would submit to Him and His plan and His will in the same way He submitted to the will of His Father.



2 ■ Jesus is Betrayed and Arrested

While he was still speaking, Judas came, one of the twelve, and with him a great crowd with swords and clubs, from the chief priests and the elders of the people. Now the betrayer had given them a sign, saying, "The one I will kiss is the man; seize him." And he came up to Jesus at once and said, "Greetings, Rabbi!" And he kissed him. Jesus said to him, "Friend, do what you came to do." Then they came up and laid hands on Jesus and seized him. - Matthew 26:47-50

- A. Judas greets Jesus as Rabbi as he is betraying him. Can we say Jesus is our teacher while betraying his teaching? Bring your need of grace to Him in prayer.
- B. Even though Judas betrays Jesus, Jesus still loved him and washed his feet. Thank God for His grace to us in Christ.

CHILDREN

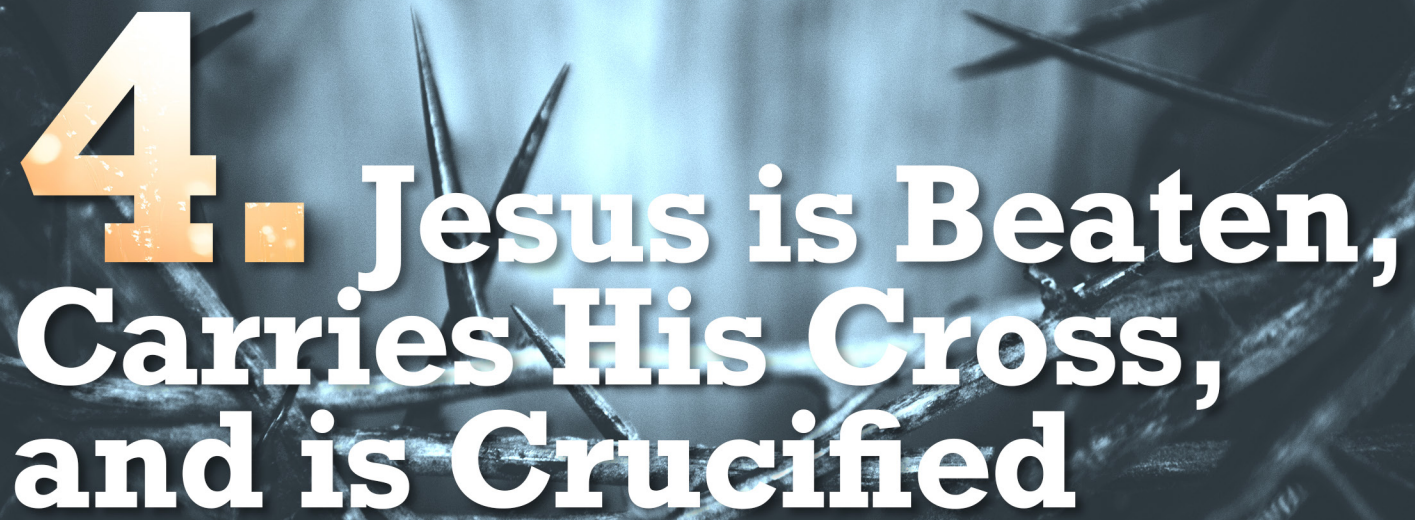
- A. Have you been hurt by a friend? Jesus knows that feeling. Thank Jesus that He knows you and loves you.

3

Jesus is Denied

Then they seized him and led him away, bringing him into the high priest's house, and Peter was following at a distance. And when they had kindled a fire in the middle of the courtyard and sat down together, Peter sat down among them. Then a servant girl, seeing him as he sat in the light and looking closely at him, said, "This man also was with him." But he denied it, saying, "Woman, I do not know him." And a little later someone else saw him and said, "You also are one of them." But Peter said, "Man, I am not." And after an interval of about an hour still another insisted, saying, "Certainly this man also was with him, for he too is a Galilean." But Peter said, "Man, I do not know what you are talking about." And immediately, while he was still speaking, the rooster crowed. And the Lord turned and looked at Peter. And Peter remembered the saying of the Lord, how he had said to him, "Before the rooster crows today, you will deny me three times." And he went out and wept bitterly. - Luke 22:54-62

- A. Pray: "God, help us see where we have pretended not to know you in our words, thoughts, and deeds."
- B. Is there anyone you need to forgive?
- C. Take time to confess to God.



4. Jesus is Beaten, Carries His Cross, and is Crucified

Then Pilate took Jesus and flogged him. And the soldiers twisted together a crown of thorns and put it on his head and arrayed him in a purple robe. They came up to him, saying, "Hail, King of the Jews!" and struck him with their hands. - John 19:1-3

So he delivered him over to them to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called The Place of a Skull, which in Aramaic is called Golgotha. There they crucified him, and with him two others, one on either side, and Jesus between them. - John 19:16-18

And Jesus said, "Father, forgive them, for they know not what they do." - Luke 23:24

- A. Jesus' suffering and death makes a way for our forgiveness.
Contemplate the cost to Him of grace to us.

CHILDREN

- A. Think about how much Jesus must love us to die for us so we can be forgiven!



5

Jesus Dies on the Cross



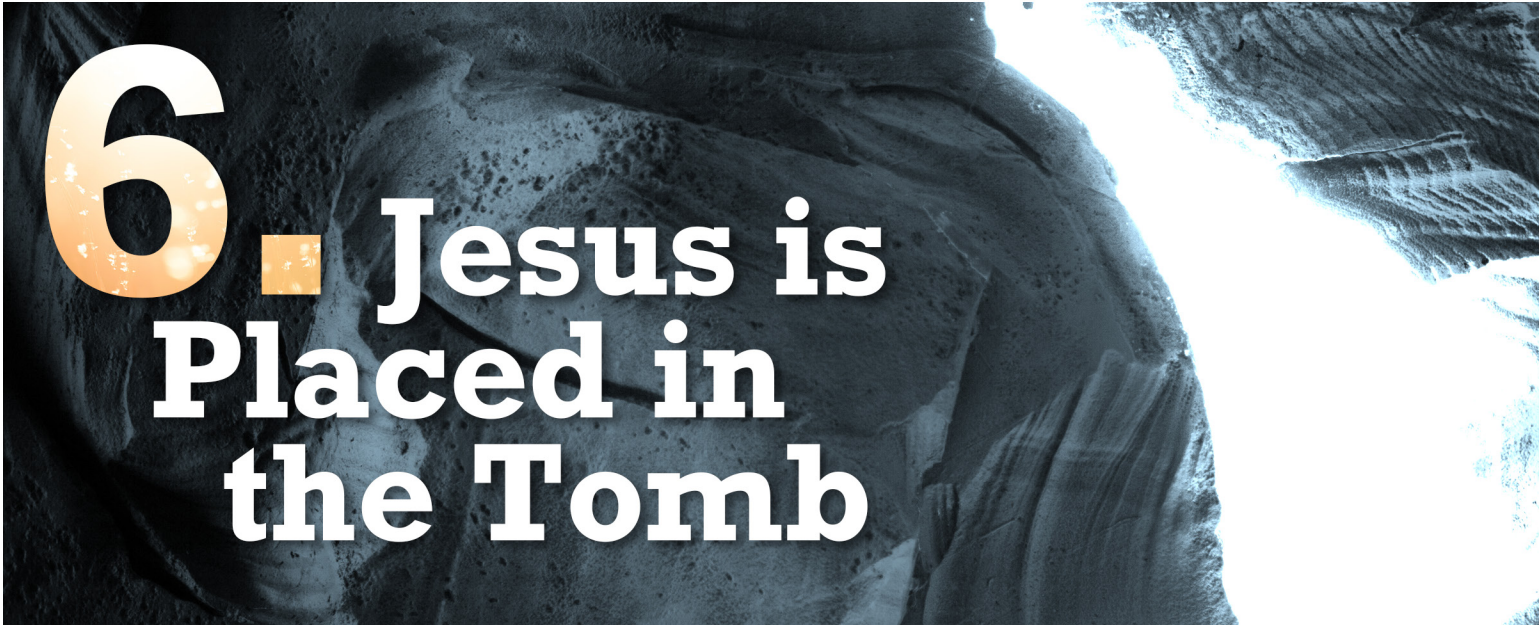
And when the sixth hour had come, there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus cried with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" And some of the bystanders hearing it said, "Behold, he is calling Elijah." And someone ran and filled a sponge with sour wine, put it on a reed and gave it to him to drink, saying, "Wait, let us see whether Elijah will come to take him down." And Jesus uttered a loud cry and breathed his last. And the curtain of the temple was torn in two, from top to bottom. And when the centurion, who stood facing him, saw that in this way he breathed his last, he said, "Truly this man was the Son of God!" - Mark 15:33-39

A. Spend a few moments in silence. Contemplate the desolation of Jesus on the cross and the cost of our forgiveness.

CHILDREN

A. Close your eyes and put your hands over them to block all the light. Jesus went through the darkness of the cross so we could have his light. Open your eyes! Jesus is the light of the world.





6 ■ Jesus is Placed in the Tomb

And when evening had come, since it was the day of Preparation, that is, the day before the Sabbath, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate and asked for the body of Jesus. Pilate was surprised to hear that he should have already died. And summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the corpse to Joseph. And Joseph bought a linen shroud, and taking him down, wrapped him in the linen shroud and laid him in a tomb that had been cut out of the rock. And he rolled a stone against the entrance of the tomb. - Mark 15:42-46

- A. Joseph boldly identified with Jesus - who had been publicly disgraced through crucifixion. How does God want you to identify with Jesus?
- B. Jesus said "unless a grain of wheat falls to the ground and dies, it remains alone; but if it dies, it bears much fruit." (John 12:24)
What in your life is God inviting you to die to?





7.

The Tomb is Empty

But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel. And as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? He is not here, but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise." And they remembered his words. Luke 24:1-8

- A. In the face of death, uncertainty, and powers beyond their control, Jesus rises from the dead and instills hope in His followers.
- B. The empty tomb is for all. People need hope. Pray for our country, city, and others around us - that they might find hope in the resurrection.
- C. Why does the resurrection give you hope?

